



## San Mateo Police Activities League Summer 2017

SMPAL  
200 Franklin Parkway  
San Mateo, CA.  
94403

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[www.sanmateopal.org](http://www.sanmateopal.org)

Building the Bond Between Cops & Kids

# White Water Rafting & Overnight Car-Camping

Start the day with a drive up to the mountains and spend the day discovering nature. We will "camp" in the tents/cabins and wake up to a day of thrills—White Water Rafting! We'll be moving along big foothills and then through a steep granite canyon, the South Fork struts out quickly as you pass places where wildflowers blanket the shores. The South Fork American River flows down the western slope of the Sierra Nevada Mountains and offers a blend of relaxing calms and thrilling Class III rapids. **This is the absolute best rafting run for beginning rafters!**



### **Dates:**

Wednesday, August 9, at 8 am to  
Thursday, August 10, 2017 at 8 pm

**Ages:** 13-18 years

### **Meeting Location:**

San Mateo Police Department

**Cost:** \$25 for PAL Members

**Course #:** 432140

Questions? Email:

[smpal@cityofsanmateo.org](mailto:smpal@cityofsanmateo.org)

To register, go to:

[sanmateorec.org](http://sanmateorec.org)

**\*\* PAL MEMBERSHIPS ARE FREE / SCHOLARSHIPS AVAILABLE \*\***