



SAN MATEO POLICE ACTIVITIES LEAGUE SUMMER 2017

San Mateo PAL
200 Franklin Parkway
San Mateo, California
94403

Phone- 650.522.7725
Fax- 650-522-7551

www.sanmateopal.org

PAL offers FREE
memberships to kids,
ages 5-18 years old!

Building the Bond Between Cops & Kids

Cooking Lite

It's impossible to cook food that both tastes great and is good for you, right? **Of course not!** Learn to prepare and cook delicious, nutritious dishes and make smart choices about the ingredients you use.



Date: Tuesdays August 1st & 8th
Time: 4:00pm - 5:30pm
Age: 9-13 years
Meeting Location:
King Recreation Center
725 Monte Diablo
Cost: \$5 for PAL Members
Course #: 432120

Questions? Email:
smpal@cityofsanmateo.org
To register, go to:
sanmateorec.org

** PAL MEMBERSHIPS ARE FREE / SCHOLARSHIPS AVAILABLE **